

MONSTER CROSS

LIKE CROSS BUT MORE CROSS

Directions

The postcode for Catton Hall is DE12 8LN.

Please note there is a very narrow bridge at Walton on Trent. We would advise that you avoid this route particularly if you are driving anything wide. The best route to take is leaving the A38 on the A513 signed for Tamworth and Alrewas. Head towards Tamworth on the A513, after about 1.5 miles you will go under a railway bridge. Take the left turning just after the bridge, the event will be on the right hand side after about a mile.

Timetable of Events

Sunday 11th September 2016

0800	Site opens
0800 - 1030	Registration open (entries on the day are accepted)
0830	Course open for inspection
1045	Rider briefing
1055	Riders assemble on start line
1100	Race start
1400approx	Race finishes
1445	Prize presentation
1500	Have a brew, a chat, then pack up and go home

The Course

Subject to any last minute changes the course will follow the following route. Due to the extended length of the course (about 5km) we are able to include much more woodland singletrack without increasing the likelihood of any congestion on course. Each woodland section is separated by a good length of open track. There will be a number of obstacles and technical sections so pre-riding the course is recommended.



Parking

Once onsite follow the signs to the car parking. There will be rows marked out, please park in accordance to these to maintain access routes through the car park. There will be plenty of room so please park considerately so not to block anyone in.

Race Rules

By entering Monster Cross you are agreeing to abide by our event rules.

1. **Bike Specification:** As you'll be aware this is a cyclocross endurance race, so understandable our preference is that you race on a cyclocross bike, but if you do not have one we're happy for you to race on any bike suitable for the terrain. The course is designed to favour cyclocross bikes but you are also welcome to race on an XC mountain bike, gravel bike, even a fat bike if that's your bag, you weirdo. E-bikes are not permitted to race. Bike changes are absolutely fine but you must complete all laps with a bike.
2. **Spares and Mechanical Assistance:** Once the race has started typical cross rules apply. This means that if you have a problem out on course you'll have to sort it yourself, no outside assistance is allowed. The exceptions are that another rider may assist so long as they are 'on course' at the time, or in the pits.
3. **Food and Drink Hand-ups:** Due to the nature of the race, riders can receive hand ups of drinks and food at any point around the course.
4. **Pits:** A set of pits will be provided in the main arena shortly after the start/finish line. Riders can pull in to the pits to exchange bike and wheels throughout the race. Technical assistance is allowed in the pits. If a rider has a problem after passing the entrance to the pits they will have to complete the next lap before entering the pits – you are not permitted to go backwards along the course.
5. **Race in one Direction:** Once on course racers must follow the course in the racing direction. Only registered competitors are allowed on the course during the race.
6. **Race Numbers:** Registered riders must clearly display their race numbers by pinning them on the back of their jersey and on the shoulder indicated at registration.
7. **Cheating:** It goes without saying that any cheating will not be tolerated. So that means anything like taking short cuts, using un-registered riders will result in disqualification from the race.
8. **Age:** All competitors must be over 16 years of age on the day of the race.
9. **Camping:** There is no camping available at this year's event.
10. **The Course:** The course will be approximately 5-6km long and will feature a mixture of terrain and obstacles. The course will be marked with directional arrows and tape. Where it has not been possible or practical to use course marking you must follow the obvious path.
11. **Race Start:** The race will be started with a big audible air horn so it'd be pretty hard to miss this. Once lined up on the start line all competitors must have at least one foot on the ground and all front wheels should be behind the start line.
12. **Race Distance:** Once the race has started and the first few laps have been completed we will utilise the Monster Cross abacus to calculate how many laps will be needed for the winners to finish their final lap after the 3 hours. A board with laps to go will be displayed by the start/finish. A bell will be rung to call in the final lap.
13. **Teams Category Handover:** There will be a separate pit area for teams which will act as a handover area. Riders will enter the team pits after their lap and handover the team's baton to their next rider. The rider on course must always have the baton with them. The loss of a baton will result in a 5-minute time penalty. Rider in the Teams category do not have to change over every lap, but every rider in the team must complete at least one lap each. Other than that the racing order and number of laps each is a tactical decision that is up to you.
14. **Solo Category Breaks:** Solo riders are permitted to leave the course throughout the event to take a breather, get some food, take a call of nature, etc, provided that they leave through the pits. They must only re-join the course through the pits too.
15. **Retiring/Declaring:** If you pull out through injury or decide that your body simply isn't up to completing any more laps please tell the timing team so they can make a note of this and we don't spend all night hunting for your body on out on course. Once you have declared you cannot re-join the race.
16. **Course Obstacles:** There will be some obstacles out on course in addition to sections of technical singletrack. It is your responsibility to familiarise yourself with the course and make your own decisions how to approach these features. In certain places we may decide to include a B-line which will miss out an obstacle but will take longer to ride.

17. Passing: This is a race, so don't be surprised if people are riding fast and want to overtake you. If you are coming up behind a rider and wish to pass you must call "On your right/left" in plenty of time to indicate which side you want to pass on. Then when it is safe to do so, the rider being passed should pull over accordingly. It would then be nice if the faster rider said "thank you" once they have overtaken. This isn't mandatory but it would be polite.
18. Helmets: All competitors must wear a suitable helmet whenever they are on course.
19. Follow any instructions given from event officials and marshals.
20. Prize Presentation: We will be awarding prizes to the top three in all categories. In addition, there may well be additional spot prizes. Prize presentation will happen at approximately 1445 to give us time for all riders to complete their final laps and give people time to get quickly cleaned up to look their best for their moment of glory.